



傳承行動：全城健康

Discipline x Healthy Lifestyle: Design & Delivery of Learning Activities for Secondary School Students

Project Brief

Centre for Holistic Teaching and Learning (updated 23 Nov 2020)

Targeted Participant: HKBU students

What to do?

- **Semester 2, 2021:** Register as a team through your subject teacher or course instructor.
- **Any 1 or 2 days in between February and May 2021:** Deliver the proposed **1.5-3-hour** learning activity as a team in assigned secondary school(s).
- **Within 2 weeks after the delivery of activity:** Submit a journal documenting the team's teaching experience and reflections as evidence of excellence to the judging panel.

Why join?

- **Service-learning:** apply subject knowledge in promoting healthy lifestyle to secondary school students.
- **Learning to Teach/ Teaching to Learn:** gain a fun, hands-on, collaborative teaching experience before graduation.
- **One Stone Killing Two Birds:** enhance your personal portfolio with the teaching journal.

#Transportation and teaching materials development fees will be 100% subsidised

Awards and Prizes

Participating teams will be awarded based on:

A journal submitted by each team to the judging panel documenting the team's teaching and reflections as evidence of excellence.

Award	Prize*
Gold x 1	Cash prize HK\$10,000/ team
Silver x 1	Cash prize HK\$8000/ team
Bronze x 1	Cash prize HK\$6000/ team
Merit x 3	Cash prize HK\$4000/ team
Motivational Award x all remaining teams	Cash prize HK\$1000/ team

*There will be opportunities for the Gold, Silver and Bronze Prize Winners to bring their award-winning learning activities to schools in Mainland China, Taiwan, or Macau as well as visiting relevant facilities that promote healthy lifestyles in those locations.

Project Flow Chart

